

Robert Nied, MD



Joined Mar, 2003

Department:

[Family Medicine Services](#) [[Map](#)]

[Sports Medicine](#)

Title: Physician

Degree: MD

Languages: English

[Physician Homepage](#)

Bio

I was born in Long Beach, CA but mostly grew up in Irvine, CA. At graduation from Irvine High School I was selected to be a Pacesetter, our equivalent of a valedictorian that was based on global achievement rather than strictly GPA. I went to college about an hour further south at the University of California, San Diego. Just far enough from home to feel I'd moved away but close enough to return whenever I needed to. I graduated Magna Cum Laude with a BS in Animal Physiology and Neuroscience and was elected to Phi Beta Kappa. After a month-long back-packing trip through Europe, I started my medical training at UCLA School of Medicine. While there, I had my research published, was elected to Alpha Omega Alpha (a medical honor society) and, most importantly, met my wife. Fortunately, we were far enough along in our relationship that when I decided to move to the Midwest for my residency, she agreed to go too. I did my internship and family medicine residency at the University of Michigan in Ann Arbor. I was then fortunate enough to do my sports medicine fellowship at Michigan State University in East Lansing.

My wife and I had left for the Midwest knowing that when I completed my training we would return to California. For better or worse, however, our wonderful experience in Ann Arbor convinced us to not move back to Southern California. I initially joined a large group practice in San Luis Obispo where I did sports medicine and family practice. I also served as a team physician for both Cal Poly-SLO and Cuesta College. Unfortunately, shortly after I joined, the group found itself insolvent and closed in bankruptcy. I worked in two different urgent cares over the next ten months before accepting a position here at Kaiser Santa Rosa.

Twice during our time in San Luis Obispo we had to rely heavily on our medical insurance. Unfortunately, due to factors beyond our control, we also changed insurance carriers four times in eight months. I am now well acquainted with the difficulties that patients face dealing with today's health care market. Hopefully I can transfer some of my experience into empathy for my patients and the challenges they face.