

Dr. Ty Affleck earned his baccalaureate in Genetics at the University of California, Berkeley and his MD at the Medical College of Virginia. While completing his Family Practice Residency in Pueblo, Colorado, he was Medical Director for the Colorado State Championship Triathlon and an affiliated provider for the Olympic Training Center in Colorado Springs. After his residency, Dr. Affleck was selected for a Fellowship at the Sports Medicine Clinic in Seattle, where he worked with high school, collegiate, and professional athletes including the Seattle Mariners, the Rainier Cup hydroplane racers, and PRCA rodeo cowboys.

Now heading up Santa Rosa Sports & Family Medicine in Santa Rosa, California, Dr. Affleck serves as the team physician for Sonoma State University and Santa Rosa Junior College athletic departments, providing emergency care at events, designing training programs and overseeing rehabilitation of athletic injuries. He also supervises drug testing crews for the United States Olympic Committee, volunteering his time at world class events across the nation including the 1996 Atlanta Games. Dr. Affleck is Medical Director for the Vineman Triathlon, a qualifying event for the world-famous Ironman.

Dr. Affleck is board certified in Family Practice and is a Sports Medicine Fellow. He is a member of the American Medical Association, the California Medical Association, the Sonoma County Medical Association, the American Academy of Family Physicians, and a charter member of the American Medical Society for Sports Medicine. He has published articles in The International Journal of Sports Nutrition and The Physician and Sports Medicine, presented lectures for Team in Training, Airport Health Club and several local running and cycling clubs and has contributed countless casual articles for gym newsletters, company wellness programs, and local newspapers.

Santa Rosa Sports & Family Medicine is located at:  
1255 North Dutton Avenue  
Santa Rosa, California

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