Sonoma State University occupies 247 acres in the beautiful wine country of Sonoma County, in Northern California. Located at the foot of the Sonoma hills, the campus is just an hour’s drive north of San Francisco and 40 minutes away from the Pacific Ocean.

Sonoma State University is dedicated to the liberal arts and sciences and is known for active use of technology. As California’s premier public undergraduate institution, SSU has a commitment to graduating students who have the ability to think critically and ethically and can effectively use information technology. Our relatively small campus of 8,000 allows for close faculty-student interaction.

Sonoma State University is deeply committed to the teaching and learning of liberal arts and sciences. And we are proud that we have continued to develop a reputation for excellence. We were recently invited to represent California as a member of the nationwide Council of Public Liberal Arts Colleges, a group of colleges dedicated to promoting the values of superior undergraduate education in a public college setting. We think this selection is a testament to our strengths and our mission: enlightening students, growing minds, and enriching lives.

The six academic schools include the Arts and Humanities, Business and Economics, Education, Extended Education, Science and Technology, and Social Sciences. All six schools are home to several specialized academic centers and institutes.

Location ................................................................. Rohnert Park, CA
Founded ................................................................. 1960
Enrollment ................................................................... 9,100
Affiliation .................................................................... NCAA Division II
Conference ............................................................... CCAA
Mascot ........................................................................ Seawolves
School Colors ....................................................... Navy Blue/Columbia Blue/White
Address ..................................................... 1801 East Cotati Ave. Rohnert Park, CA 94928
President ....................................................................... Dr. Judy Sakaki
The Sonoma State University Department of Intercollegiate Athletics sponsors 14 sports, five for men and nine for women. The philosophy of the institution and, specifically of the athletic program, is to provide the maximum opportunity for student participation in intercollegiate athletics that staff and resources allow.

SSU is a member of the NCAA Division II and competes in the California Collegiate Athletic Association (CCAA), the premier D-II conference in the country with 151 national championships.

Over the last several years, Sonoma State athletic teams have had much success including the 2009 NCAA Division II Men’s Golf National Championship and 12 CCAA championships since 2005. In 2007-08, the Seawolves won a total three west region championships (men’s soccer, men’s golf, baseball), more than any other school in the region. With three national titles in their history, Sonoma State’s teams are routinely ranked among the top squads in the nation.

The goal of the Sonoma State University Department of Intercollegiate Athletics is to provide a positive, equitable, and diverse environment for the student-athletes and staff. All athletic staff members are responsible for fostering these priorities via role modeling and mentoring student-athletes while upholding a competitive spirit that stresses amateurism, ethical conduct, good sportsmanship, and rules compliance. Priorities for all student-athletes include: academic excellence, competitive success, and community outreach.

<table>
<thead>
<tr>
<th>TITLE</th>
<th>NAME</th>
<th>PHONE</th>
<th>E-MAIL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director of Athletics</td>
<td>Gail Barksdale</td>
<td>(707) 664-2521</td>
<td><a href="mailto:seawolves@sonoma.edu">seawolves@sonoma.edu</a></td>
</tr>
<tr>
<td>Deputy Director of Athletics</td>
<td>Jared Chasey</td>
<td>(707) 664-2764</td>
<td><a href="mailto:chasey@sonoma.edu">chasey@sonoma.edu</a></td>
</tr>
<tr>
<td>Senior Associate Director of Athletics</td>
<td>David Rhoades</td>
<td>(707) 664-3180</td>
<td><a href="mailto:rhoades@sonoma.edu">rhoades@sonoma.edu</a></td>
</tr>
<tr>
<td>Business Operations Manager</td>
<td>TBA</td>
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<tr>
<td>Compliance Coordinator</td>
<td>TBA</td>
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</tr>
<tr>
<td>Sports Information</td>
<td>Sarah Macias</td>
<td>(707) 664-2478</td>
<td><a href="mailto:sarah.macias@sonoma.edu">sarah.macias@sonoma.edu</a></td>
</tr>
<tr>
<td>Head Athletic Athletic Trainer</td>
<td>Julie Rudy</td>
<td>(707) 664-2937</td>
<td><a href="mailto:julie.rudy@sonoma.edu">julie.rudy@sonoma.edu</a></td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>Shyla Penn</td>
<td>(707) 664-2421</td>
<td><a href="mailto:penn@sonoma.edu">penn@sonoma.edu</a></td>
</tr>
<tr>
<td>Assistant Athletic Trainer</td>
<td>April Seymon</td>
<td>(707) 664-2421</td>
<td><a href="mailto:seymon@sonoma.edu">seymon@sonoma.edu</a></td>
</tr>
</tbody>
</table>
## Coaching Staff Directory

<table>
<thead>
<tr>
<th>NAME</th>
<th>POSITION</th>
<th>EMAIL</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Baseball</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>John Goelz</td>
<td>Head Baseball Coach</td>
<td><a href="mailto:john.goelz@sonoma.edu">john.goelz@sonoma.edu</a></td>
<td>707-664-2524</td>
</tr>
<tr>
<td>Mike Nackord</td>
<td>Assistant Baseball Coach</td>
<td><a href="mailto:nackordm@sonoma.edu">nackordm@sonoma.edu</a></td>
<td>707-664-2976</td>
</tr>
<tr>
<td>Gregg Adams</td>
<td>Assistant Baseball Coach</td>
<td>adams@<a href="mailto:g@sonoma.edu">g@sonoma.edu</a></td>
<td>707-664-2976</td>
</tr>
<tr>
<td>Dolf Hes</td>
<td>Assistant Baseball Coach</td>
<td><a href="mailto:hessd@sonoma.edu">hessd@sonoma.edu</a></td>
<td>707-664-4018</td>
</tr>
<tr>
<td><strong>Men's Basketball</strong></td>
<td></td>
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</tr>
<tr>
<td>Pat Fuscaldo</td>
<td>Head Men's Basketball Coach</td>
<td><a href="mailto:fuscaldo@sonoma.edu">fuscaldo@sonoma.edu</a></td>
<td>707-664-2110</td>
</tr>
<tr>
<td>DJ Broome</td>
<td>Assistant Men's Basketball Coach</td>
<td><a href="mailto:broomed@sonoma.edu">broomed@sonoma.edu</a></td>
<td></td>
</tr>
<tr>
<td><strong>Women's Basketball</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Rich Shayewitz</td>
<td>Head Women's Basketball Coach</td>
<td><a href="mailto:rich.shayewitz@sonoma.edu">rich.shayewitz@sonoma.edu</a></td>
<td>707-664-2632</td>
</tr>
<tr>
<td><strong>Women's Cross Country / Track &amp; Field</strong></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Sean Fitzpatrick</td>
<td>Head Women's XC/T&amp;F Coach</td>
<td><a href="mailto:sean.fitzpatrick@sonoma.edu">sean.fitzpatrick@sonoma.edu</a></td>
<td>707-664-2290</td>
</tr>
<tr>
<td><strong>Men's Golf</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Val Verhunce</td>
<td>Head Men's/Women's Golf Coach</td>
<td><a href="mailto:val.verhunce@sonoma.edu">val.verhunce@sonoma.edu</a></td>
<td>707-664-2971</td>
</tr>
<tr>
<td><strong>Women's Golf</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Val Verhunce</td>
<td>Head Men's/Women's Golf Coach</td>
<td><a href="mailto:val.verhunce@sonoma.edu">val.verhunce@sonoma.edu</a></td>
<td>707-664-2971</td>
</tr>
<tr>
<td><strong>Men's Soccer</strong></td>
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</tr>
<tr>
<td>Marcus Zierner</td>
<td>Head Men's Soccer Coach</td>
<td><a href="mailto:ziemer@sonoma.edu">ziemer@sonoma.edu</a></td>
<td>707-664-2614</td>
</tr>
<tr>
<td>Ben Langwith</td>
<td>Assistant Men's Soccer Coach</td>
<td><a href="mailto:langwith@sonoma.edu">langwith@sonoma.edu</a></td>
<td>707-664-3195</td>
</tr>
<tr>
<td><strong>Women's Soccer</strong></td>
<td></td>
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</tr>
<tr>
<td>Emiria Salzmann Dunn</td>
<td>Head Women's Soccer Coach</td>
<td><a href="mailto:salzmann@sonoma.edu">salzmann@sonoma.edu</a></td>
<td>707-664-2481</td>
</tr>
<tr>
<td>Margi Osmundson</td>
<td>Interim Assistant Women's Soccer Coach</td>
<td><a href="mailto:osmundsm@sonoma.edu">osmundsm@sonoma.edu</a></td>
<td>707-664-3295</td>
</tr>
<tr>
<td><strong>Softball</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Jennifer Bridges</td>
<td>Head Softball Coach</td>
<td><a href="mailto:jennifer.bridges@sonoma.edu">jennifer.bridges@sonoma.edu</a></td>
<td>707-664-4054</td>
</tr>
<tr>
<td>Shelly Prochaska</td>
<td>Assistant Softball Coach</td>
<td><a href="mailto:prochask@sonoma.edu">prochask@sonoma.edu</a></td>
<td></td>
</tr>
<tr>
<td><strong>Men's Tennis</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Jose Hilla</td>
<td>Interim Head Men's Tennis Coach</td>
<td><a href="mailto:hillaj@sonoma.edu">hillaj@sonoma.edu</a></td>
<td>707-664-2291</td>
</tr>
<tr>
<td><strong>Women's Tennis</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Joaquin Lopez</td>
<td>Head Women's Tennis Coach</td>
<td><a href="mailto:lopezjoa@sonoma.edu">lopezjoa@sonoma.edu</a></td>
<td>707-664-2291</td>
</tr>
<tr>
<td><strong>Women's Volleyball</strong></td>
<td></td>
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</tr>
<tr>
<td>Bear Grassl</td>
<td>Head Women's Volleyball Coach</td>
<td><a href="mailto:bear.grassl@sonoma.edu">bear.grassl@sonoma.edu</a></td>
<td>707-664-2656</td>
</tr>
<tr>
<td>Michaela Ebben</td>
<td>Assistant Volleyball Coach</td>
<td><a href="mailto:ebben@sonoma.edu">ebben@sonoma.edu</a></td>
<td>707-664-2795</td>
</tr>
<tr>
<td><strong>Women's Water Polo</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chelsea Hennan</td>
<td>Head Women's Water Polo Coach</td>
<td><a href="mailto:hennan@sonoma.edu">hennan@sonoma.edu</a></td>
<td>707-664-2688</td>
</tr>
</tbody>
</table>
When booking, be sure to mention SSU Athletics!

Visit Santa Rosa is proud to showcase hotels and events throughout Sonoma County. A proud sponsor of SSU Athletics, Visit Santa Rosa would be happy to help you on your trip to the area. Website: visitsantarosa.com

Contact: Charlene Lennon, 707-524-2114 or charlenel@visitsantarosa.com
Sally Tomatoes Bar and Cafe
Catering Headquarters
1100 Valley House Drive
Rohnert Park, CA 94928
707-665-9472

Shari’s Cafe and Pies
301 Rohnert Park Expwy.
Rohnert Park, CA 94928
(707) 584-3601

Bear Republic Brewing Company
5000 Roberts Lake Rd.
Rohnert Park, CA 94928
(707) 585-2722
(Opening Fall 2017)

Michael’s Sourdough
5440 State Farm Drive
Rohnert Park, CA 94928
(707) 585-9711

Sol Azteca
1435 East Cotati Ave.
Rohnert Park, CA 94928
(707) 792-1859

El Coronel Mexican Restaurant
1015 Gravenstein Hwy
Sebastopol, CA 95472
(707) 829-7010

Mountain Mike’s Pizza
1451 Southwest Blvd
Rohnert Park, CA 94928
(707) 795-4433

Stout Brothers
527 4th Street
Santa Rosa, CA 95401
(707) 636-0240

Bibi’s Burger Bar
630 3rd Street
Santa Rosa, CA 95404
(707) 523-1300

The County Bench
535 4th Street
Santa Rosa, CA 95401
(707) 535-0700

In-N-Out Burger
5145 Redwood Drive
Rohnert Park, CA 94928
(707) 786-1000

Swirl Time (Frozen Yogurt)
1718 E Cotati Ave.
Rohnert Park, CA 94928
707-795-7900

Round Table Pizza
40 Raley’s Town Centre
Rohnert Park, CA 94928
707-585-0555

Chick-Fil-A
5080 Redwood Dr.
Rohnert Park, CA 94928
707-585-7462

SUPPORT BUSINESSES WHO SUPPORT SSU ATHLETICS!
These companies make a difference for our student-athletes.
The following golf courses open their facilities to the SSU Men’s & Women’s Golf Teams.

- **Windsor GC (Windsor)**
  windsorgolf.com

- **Mayacama GC (Santa Rosa)**
  mayacama.com

- **Fountaingrove GC (Santa Rosa)**
  fountaingrovegolf.com

- **Santa Rosa G&CC (Santa Rosa)**
  clubcorp.com/clubs/santa-r-sa-golf-country-club

- **Oakmont GC (Santa Rosa)**
  oakmontgc.com

- **Foxtail GC (Rohnert Park)**
  playfoxtail.com

- **Rooster Run GC (Petaluma)**
  roosterrun.com

- **Petaluma G&CC (Petaluma)**
  petalumagolfandcountryclub.com

- **The Links at Bodega Harbour (Bodega Bay)**
  bodegaharbourgolf.com

- **StoneTree GC (Novato)**
  bayclubs.com/stonetree

- **Chardonnay GC (American Canyon)**
  chardonnaygolfclub.com

- **Eagle Vines GC (American Canyon)**
  eaglevinesgolfclub.com

- **Silverado Resort & Spa (Napa)**
  silveradoresort.com/golf

- **Sonoma Golf Club (Sonoma)**
  sonomagolfclub.com
EMERGENCY INFORMATION

CITY OF ROHNERT PARK
All Emergencies.......................................................... 911
Non Emergency Police........................................... (707) 584-2650
Campus Police Emergency ......................(707) 664-2911
Campus Police Non-Emergency .......... (707) 664-2143

LOCAL HOSPITALS

Santa Rosa Memorial          Sutter Medical Center          Rohnert Park Healthcare
1165 Montgomery Dr.          3325 Chanate Rd.          1450 Medical Center Dr.
Santa Rosa                    Santa Rosa                   Rohnert Park
(707) 546-3210                (707) 576-4000               (707) 584-0674

Kaiser Permanante            Petaluma Valley Hospital
401 Bicentennial Way         400 N. McDowell Blvd.
Santa Rosa                   Petaluma
(707) 571-4000                (707) 778-111

SSU ATHLETIC FACILITIES
sonomaseawolves.com/facilities

The Wolves’ Den received a face-lift this spring as brand new bleachers, including nearly 500 chairback seats were installed. The facility has a capacity of 2,000 people. The men’s and women’s soccer teams compete on the east side of campus at Seawolf Field, which has a capacity of around 1,000 people. Other facilities include 12 tennis courts, a fieldhouse, baseball field, softball field, and a 25-meter swimming pool.

ADMISSION PRICES

Adults.................................................................$7.00
SSU Students with ID.............................................FREE
SSU Faculty, Staff, Alumni Assoc. Members with ID ............FREE
Visiting Students with ID.........................................$5.00
Senior Citizens ....................................................$5.00
Children 12 and under...........................................FREE

*NOTE: These admission rates are only applicable to regular season home SSU athletic events. Ticket prices are not valid for CCAA playoffs or NCAA sanctioned post-season events.

Tickets can be purchased online:
sonomaseawolves.com/tickets
**Parking Information**

*Note: Parking Fees are enforced 7 days a week, 24 hours a day.*

**Visitor Parking**

**Official University Guest**
Official guests of the University may obtain a visitor-parking permit at the Parking Information Center or at Police and Safety services. After obtaining the visitor-parking permit, visitors may park in any non-reserved parking space or in the special area provided for visitors in the green zone of lot A.

**General Public**
Those visitors (other than faculty, staff, or students) who will be on campus no longer than 45 minutes may park without a permit at the posted visitor’s parking area at the flagpole. There are various 30-45 minute zones in the parking lot near Police and Safety Services, and parking lot A and E.

**Daily Parking Permits**
Spectators attending athletic events at SSU will need to purchase a daily parking permit. Daily parking permits are only valid for the date of purchase. Permit machines are located in the parking lots and near the Parking Information Center at the flagpole.

Daily Parking permits are valid only in non-reserved parking spaces. If the machine does not operate properly, please contact Police and Safety Services at x42143 if calling from a campus phone or (707) 664-2143. Daily parking permits are $5.50 and the machines DO NOT give change.

**Other Valid CSU Parking Decals Are Honored On The SSU Campus.**

**Traffic Regulations**
*All California Vehicle Code sections are enforced on campus.*
The vehicle speed limit on campus is 25 mph on roads and 15 mph in parking lots (5 mph on access roads).

*Note: Please call Police and Safety Services at (707) 664-2143 if you have any questions or concerns about payment of parking citations or to appeal a citation.*
Sonoma State University is located 50 miles north of San Francisco, off Highway 101, adjacent to the communities of Rohnert Park and Cotati.

From San Francisco Bay Area
Highway 101 north to Rohnert Park Expressway exit. Turn right onto Rohnert Park Expressway and follow to its end at Petaluma Hill Road. Right on Petaluma Hill Road to the stoplight at East Cotati Avenue. Right on East Cotati Avenue to Main Entrance of the campus on your right. Information Booth is at the end of the drive.

From Northern California (Crescent City, Eureka)
Highway 101 south to Rohnert Park Expressway. Turn left onto Rohnert Park Expressway and follow to its end at Petaluma Hill Road. Right on Petaluma Hill Road to the stoplight at East Cotati Avenue. Right on East Cotati Avenue to Main Entrance of the campus on your right.

From Northern California (Redding, Chico)
Interstate 5 south to Interstate 505. Take 505 to Interstate 80. Take Interstate 80 West to Vallejo to Highway 37 west to Highway 101, then north on Highway 101. Proceed to campus as from San Francisco.

From Sacramento
Interstate 80 west to Vallejo. Take Highway 37 west to Highway 101 north. Proceed to campus as from San Francisco.

From Oakland East Bay Area
Interstate 580 across the Richmond-San Rafael Bridge to Highway 101 North. Proceed as from San Francisco.

Shuttle service from San Francisco International Airport
Sonoma County Airport Express: For information: call 707/837-8700 or visit airportexpressinc.com. Departs SFO every 90 minutes, between 5:15 a.m. and 12:30 a.m. Cost $24 one way, $48 roundtrip.

Shuttle service from Oakland International Airport
Sonoma County Airport Express: For information: call 707/837-8700 or visitairportexpressinc.com. Departs Oakland every 2 hours, between 6 a.m. and midnight. Cost $24 one way, $48 roundtrip.

Charles Schulz Sonoma County Airport (Sonoma County Airport)
The airport is serviced by Alaska Airlines with flights to and from Sonoma County, Los Angeles, San Diego and Seattle. Car rentals are available through Avis, Enterprise and Hertz. The naming of the Charles M. Schulz Sonoma County Airport honors the late Peanuts creator who resided in Santa Rosa, CA.
When playing the Seawolves in beautiful Sonoma County, add contacting Visit Santa Rosa to your pre-game checklist.

We provide assistance, sourcing hotel rooms for the team, restaurants for team meals, and area information.

Our no cost hospitality service will save you time, so you can really focus on getting ready for the game.

CONTACT US  SPORTS@VISITSANTAROSA.COM

Our knowledgeable staff at the California Welcome Center can provide you information on all there is to see, do, eat, drink, hike, bike and explore in Sonoma County.

Local maps and brochures
Discount coupons
Locally made souvenirs and gifts

Visit us in Historic Railroad Square
Nine 4th Street, Santa Rosa
The Hotel
- 163 spacious, comfortable suites with work areas
- Complimentary amenities including:
  - Full hot breakfast buffet
  - Evening reception featuring appetizers and your choice of wine, beer or soft drinks
  - High speed wireless internet throughout the hotel
  - In-room coffee, tea, microwave and refrigerator
  - Premium bedding
  - Parking
- Restaurant and Lounge with evening service
- State of the art meeting, banquet and event facilities for up to 230 with catering available
- Hot tub, steam room, sauna and swimming pool
- State of the art fitness center
- Complimentary airport shuttle
- 100% smoke free
- Spa-quality amenity line, free of parabens, phosphates and sulfates
- State of the art key entry
- Guest laundry facilities
- Accessible suites available
- Specified pet friendly rooms

Oxford Bistro located on the Hotel main level
- Complimentary full hot breakfast buffet served Monday through Friday from 6:00 am to 9:00 am and weekends & holidays from 7:00 am to 10:00 am
- Complimentary evening reception from 5:30 pm to 9:30 pm nightly, with appetizers served from 5:30 pm to 7:30 pm
- Full dinner service available

Banquet and Meeting facilities
- Six conference space options
  - Ballroom: 2,900 square feet
  - Salon 1: 1,450 square feet
  - Salon 2: 1,450 square feet
  - Boardroom: 312 square feet
- Pre Function Space: 1,800 square feet
- Multi Function Space: 621 square feet
- Cabana: 1,140 square feet

OPENING SPRING 2017

Contact
Debi Doble, Director of Sales
debid@oxfordsuites.com

Aubry Horne, Sales Coordinator
aubryh@oxfordsuites.com

OXFORD SUITES
OXFORDSUITESSONOMA.COM
67 Golf Course Drive West • Rohnert Park, California 94928 • 707.584.0333 • 844.584.0333
<table>
<thead>
<tr>
<th>Cocktail Party</th>
<th>Lunch Party</th>
<th>Dinner Party</th>
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<tbody>
<tr>
<td>Imported Cheeses</td>
<td>Suzanne Salad</td>
<td>Bread Service</td>
</tr>
<tr>
<td>Chicken Satay</td>
<td>Hearts of Romaine Salad</td>
<td>Hearts of Romaine Salad</td>
</tr>
<tr>
<td>Stuffed Mushrooms</td>
<td>Green Beans Almandine</td>
<td>Green Beans Almandine</td>
</tr>
<tr>
<td>Swedish Meatballs</td>
<td>Mashed Potatoes</td>
<td>Scalloped Potatoes</td>
</tr>
<tr>
<td>Smoked Salmon Puff Pastry Cups</td>
<td>Grilled Chicken Picatta</td>
<td>Carving Board with Fresh Roast Beef</td>
</tr>
<tr>
<td>Chocolate Raspberry</td>
<td>Homemade Cookies</td>
<td>and Turkey served with cranberry</td>
</tr>
<tr>
<td>Brownie Squares</td>
<td>Coffee/Iced Tea and Lemonade</td>
<td>chutney and horseradish cream</td>
</tr>
<tr>
<td><strong>$13.00 per person all inclusive</strong></td>
<td><strong>$15.00 per person all inclusive</strong></td>
<td><strong>Tira Mi Su</strong></td>
</tr>
</tbody>
</table>

Minimum of 20 people. Offer good any Monday, Tuesday, Wednesday or Thursday. Includes food and beverage, service charge, tax, tables, linens, set up, breakdown and staff. Gratuity is at your discretion.

Quality menus. Affordable prices.

- Full Bar and Café Open Daily
- Banquet Rooms and Outdoor Garden
- Athletic Team Parties
- Off-Site Catering & Deliveries
- Thursday & Friday All-You-Can-Eat
- Pizza, Pasta & Salad Buffet

Catering 707-665-9472
Café & Bar 707-665-0260

www.sallytomatoes.com

1100 Valley House Drive
Rohnert Park, CA 94928